Case Study

Lymphocyte-Rich Classical Hodgkin Lymphoma: A Case with Difficulty in Distinguishing from Nodular Lymphocyte-Predominant Hodgkin Lymphoma

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A 35-year-old man was referred to our hospital because of left supraclavicular and cervical lymphadenopathies. Histopathological examination of the lymph nodes revealed reactive lymphadenopathy. He visited our hospital three years after the initial diagnosis because of enlarged left cervical lymph nodes. Histopathologically, both Hodgkin/Reed-Sternberg (H/RS) and lymphocyte-predominant (LP) cells were found in the lymph node. We first suspected nodular lymphocyte-predominant Hodgkin lymphoma (NLPHL), because these cells were CD15− and CD30−. However, the diagnosis of lymphocyte-rich classical Hodgkin lymphoma (LRCHL) was finally confirmed, because these cells were found to be CD20+, Bcl-6+, and BCL6+. The patient was treated with six cycles of ABVD chemotherapy, and a complete response was achieved. However, he underwent autologous stem-cell transplantation after high-dose chemotherapy owing to a relapse 10 months after primary treatment. Distinguishing LRCHL from NLPHL was difficult in this patient, because histopathological examination showed both H/RS and LP cells, and immunostaining revealed these cells to be triple negative (CD15−, CD30−, and CD20−). Accumulation of such cases are necessary to establish better criteria for the differential diagnosis and assessment of clinical behavior. [J Clin Exp Hematop 55(1): 23-28, 2015]

Keywords: lymphocyte-rich classical Hodgkin lymphoma, nodular lymphocyte-predominant Hodgkin lymphoma, ABVD

INTRODUCTION

Classical Hodgkin lymphoma (CHL), including lymphocyte-rich CHL (LRCHL), which comprises 95% of Hodgkin lymphoma cases, is characterized by CD15−, CD30+, and CD20+/+ Hodgkin/Reed-Sternberg (H/RS) cells.1 On the other hand, nodular lymphocyte-predominant Hodgkin lymphoma (NLPHL), which accounts for approximately 5% of HL cases, is characterized by CD15−, CD30+/− and CD20− lymphocyte-predominant (LP) cells.1 However, distinction of the two categories is not always straightforward. Here we report such a patient in whom histopathological examination revealed both classical H/RS cells and LP cells, and immunostaining showed them to be triple negative (CD15−, CD30−, and CD20−).

CASE REPORT

A 35-year-old man was referred to our hospital because of four-month history of left supraclavicular and cervical tumors. Physical examination revealed one left supraclavicular and three ipsilateral cervical lymphadenopathies measuring 30 mm in the maximal diameter. Computed tomography (CT) scan revealed left supraclavicular (45 × 32 × 31 mm), left cervical, and anterior mediastinal lymphadenopathies. Histopathological examination of the left supraclavicular and cervical lymph nodes showed reactive change was composed of mature lymphocytes and granulocytes without atypical cells (Fig IA, IB). Therefore, we diagnosed the process to be one of reactive lymphadenopathy. The patient was followed up as an out-patient basis at another hospital, but he visited our hospital again due to the obvious increment of the
left cervical lymphadenopathies three years after the diagnosis. His body temperature was 36.7°C and physical examination revealed two palpable left cervical lymphadenopathies, each measuring 20 mm in diameter. No other superficial lymphadenopathy or hepatosplenomegaly were noted. Laboratory examination showed 84 IU/L of alanine aminotransferase, 179 IU/L of lactate dehydrogenase, and 376 U/mL of soluble interleukin-2 receptor. 18F-fluorodeoxyglucose (FDG)-positron emission tomography (FDG-PET)/CT scan revealed high accumulation of the radioactive material in the regions corresponding to the left cervical, anterior mediastinal, and para-aortic lymph nodes (Fig. 2). Histopathological examination of the left cervical lymph node showed that it was composed of vague follicular proliferation without neu-
trophilic or eosinophilic infiltration (Fig. 3A), and both H/RS cell-like large atypical cells and LP cell-like atypical cells were interspersed in the expanded mantle zone around the atrophic germinal center (Fig. 3B). Immunostaining revealed that they were CD15- (Fig. 4A), CD30- (Fig. 4B), CD20- (Fig. 4C), Bob.1+ (Fig. 4D), Oct.2- (Fig. 4E), PAX-5+ (Fig. 4F), BCL6-, and EBER-. Chromosomal examination showed 39, XY, inv(2)(p13q11.2), -3, -5, -6, -8, -10, -11, -12, ?inv (14)(q11.2q22), -19, +mar[1]/46, XY[19]. Based on these morphologic and immunophenotypic features of the atypical cells, we finally diagnosed the lesion to be one of LRCHL. Clinically, the patient was evaluated to have stage IIIA disease according to the Ann Arbor staging system, and the International Prognostic Score was 1 (low-risk group). Complete response (CR) was achieved following six cycles of ABVD (adriamycin, bleomycin, vinblastine and dacarbazine) combination chemotherapy. However, 10 months after treatment, signs of relapse were found in lumbar and pelvic bones. The patient, then, underwent autologous stem-cell transplantation after high-dose chemotherapy.

**DISCUSSION**

CHL, including LRCHL, is characterized by proliferation of H/RS cells in nodular or diffuse background which is composed of small lymphocytes with/without plasma cells, histiocytes, or eosinophils, and these H/RS cells are generally CD15-, CD30-, and CD20-. On the other hand, NLPHL is characterized by proliferation of CD15+, CD30+, and CD20+ LP cells in large nodules which are composed of small lymphocytes, histiocytes, and dendritic cells. However, CHL, particularly LRCHL, and NLPHL are morphologically difficult to distinguish, because, in addition to similar infiltrating reactive cells in the background, 98% of LRCHL cases have LP cell-like atypical cells, whereas 55% of NLPHL cases have H/RS cell-like large atypical cells. Because of these similar and overlapping features, many of these cases that are initially diagnosed as NLPHL are actually reclassified as LRCHL after detailed immunostaining. According to these reports, our case that presented H/RS cell- as well as LP cell-like atypical cells required immunostaining. In addition to CD15 and CD30, immunostaining for CD20 and B-cell transcription factors, such as Bob.1, Oct.2, PAX-5, BCL6, and MUM-1 is useful to differentiate these two lymphoma types. It is generally accepted that the vast majority of NLPHL cases are positive for CD20 and the B-cell transcription factors except for MUM-1. In contrast, CHL cases, including LRCHL, are less often positive for these factors (Table 1). In addition, the rate of programmed death-1 (PD-1)+ T cells in the background is different; 90% in NLPHL cases vs. 30-40% in LRCHL cases. The presence of CD57+ T-cell rosettes seems to be another useful feature in the diagnosis of NLPHL, although it is less effective than PD-1 positivity. Atypical cells in the present case were CD15-, CD20+, CD30-, Bob.1-, Oct.2-, and BCL6-, whereas the surrounding T cells were PD-1+ and CD57+. Based on these findings, the patient was finally diagnosed to have LRCHL. To distinguish CHL from NLPHL, chromosomal examination is also reported to be useful. In CHL, chromosomal gains frequently involve chromosome 2p, 17q, 9p, 16p, and 17p, whereas its losses primarily affect chromosome 13q and 6q. In NLPHL, chromosomal gains frequently involve chromosome Xq, Xp, 1p, 3p, and 5q, whereas its losses primarily affect chromosome 17q/17 and 16p. However, no specific chromosomal abnormality associated with CHL or NLPHL was found in our case.

The treatment modalities provided for CHL and NLPHL are different. Primary treatment modalities for advanced NLPHL include not only chemotherapy but also use of rituximab and radiation therapy. Treatment outcomes of both

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**Fig. 3.** Histopathology of the left cervical lymph node. The node is occupied by vague follicular structures of different size (A; H&E, ×200). In follicular structures, H/RS cell-like large atypical cells and LP cell-like atypical cells are interspersed in the expanded mantle zone around the atrophic germinal center (B; H&E, ×400).
advanced CHL and NLPHL are reported to have a high CR rate (77% vs. 76%) and low rate of early relapse during the first year after primary therapy (4.1% vs. 1.2%). A case, in which the diagnosis of either CHL or NLPHL is unclear, has been reported as an intermediate type. This case had CR after ABVD chemotherapy and radiation therapy, but showed rapid relapse nine months after primary treatment. Because this case appears to be similar to ours in terms of both lymphoma classification and clinical outcome, accumulation of further such cases is necessary to establish better criteria for the differential diagnosis and assessment of clinical behavior.

Gene expression profiling is a useful tool in distinguishing CHL from NLPHL for the case in which the distinction is difficult by morphological, immunohistological, and chromosomal examinations. Gene expression profile of NLPHL shows homology to that of CHL rather than other B cell lymphoma. However, that of CHL reveals higher expression of some genes, such as REL, JAK2, and JUNB. In

Fig. 4. Immunohistochemical staining of the left cervical lymph node biopsy specimen revealed these atypical large cells to be CD15+ (4A), CD30- (4B), CD20- (4C), Bcl1+ (4D), Oct2- (4E), and PAX5-/+ (4F). (4A-4F, × 400).
contrast, genes expression of BCL6, NFkBA, and TNFAIP3 are up-regulated in NLPHL. Therefore, genes that show consistent differences in expression between NLPHL and CHL, such as abnormal REL expression by chromosome 2p, may be helpful for the distinction.

H/RS cells of LRCHL and mixed cellularity CHL are similar to LP cells of NLPHL, whereas the nodular sclerosis and lymphocyte-depleted CHLs are similar to other B-cell lymphomas. Based on immunohistochemical findings, the rate of B-cell transcription antigen-positive LRCHL cases seems to be at an intermediate position between CHL and NLPHL. Because LRCHL is immunohistochemically and genetically very similar to NLPHL, these two Hodgkin lymphoma types may be more or less similar when gene mutations cause up- or down-regulation of expression of B-cell transcription antigens. Thus, the atypical phenotypic features, i.e., CD15+, CD30+, and negative for a majority of B- and negative for a majority of B-cell transcription antigens, of our patient might be due to mutations of the corresponding genes. Accumulation of such cases are necessary to establish better criteria for the differential diagnosis and assessment of clinical behavior.

REFERENCES

Table 1. Summary of the immunological findings of nodular lymphocyte-predominant Hodgkin lymphoma (NLPHL) and classical Hodgkin lymphoma (CHL)3,7

<table>
<thead>
<tr>
<th>Antibody</th>
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<th>LRCHL</th>
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<tr>
<td>CD15</td>
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<td>98%</td>
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<tr>
<td>CD30</td>
<td>0%</td>
<td>60-100%</td>
<td>95-100%</td>
<td>–</td>
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<td>BOB.1</td>
<td>97-100%</td>
<td>50-62%</td>
<td>19-37%</td>
<td>+</td>
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<tr>
<td>Oct.2</td>
<td>100%</td>
<td>56-72%</td>
<td>34-74%</td>
<td>–</td>
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<tr>
<td>PAX-5</td>
<td>94-100%</td>
<td>94-100%</td>
<td>65-100%</td>
<td>+/–</td>
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